

## Comparison of Hand Strengtheners

Product	Strengthens finger flexor muscles	Strengthens finger extensor muscles	Strengthens thumb flexor muscles	Strengthens thumb extensor muscles	Strengthens finger abductor (spreading) muscles	Strengthens thumb abductor (spreading) muscles	Cost-effective/ Under \$20.00?	Allows natural, 3-dimensional motion	Single exercise for multiple functions
Handmaster Plus by doczac	✓	✓	✓	✓	✓	✓	✓	✓	✓
Gripmaster/ Digiflex	✓	✗	✓	✗	✗	✗	✓	✗	✗
Powerweb	✓	✓	✓	✓	✓	✓	✗	✗	✗
Eggserciser	✓	✗	✓	✗	✗	✗	✓	✗	✗
Theraband Hand Exerciser	✓	✗	✓	✗	✗	✗	✓	✗	✗
Dynaflex-Gyro Exerciser	✓	✗	✓	✗	✗	✗	✗	✗	✗
The Gripper	✓	✗	✓	✗	✗	✗	✓	✗	✗
Coiled Hand Grip	✓	✗	✓	✗	✗	✗	✓	✗	✗
Flextend glove	✗	✓	✗	✓	✓	✓	✗	✓	✓

**Handmaster Plus is the only product that strengthens all of the hand muscles through full, natural ranges of motion in one continuous exercise.**

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