

Hand Strengthening Devices - Product Comparison

Product	Strengthens finger flexor muscles	Strengthens finger extensor muscles	Strengthens thumb flexor muscles	Strengthens thumb extensor muscles	Strengthens finger abductor (spreading) muscles	Strengthens thumb abductor (spreading) muscles	Cost-effective/ Under \$20.00?	Allows full natural, 3-dimensional motion	Continuous exercise for opposing functions
Handmaster Plus by doczac	✓	✓	✓	✓	✓	✓	✓	✓	✓
Gripmaster/ Digiflex	✓	✗	✓	✗	✗	✗	✓	✗	✗
Powerweb	✓	✓	✓	✓	✓	✓	✗	✗	✗
Eggserciser	✓	✗	✓	✗	✗	✗	✓	✗	✗
Theraband Hand Exerciser	✓	✗	✓	✗	✗	✗	✓	✗	✗
Dynaflex- Gyro Exerciser	✓	✗	✓	✗	✗	✗	✗	✗	✗
Finger Stretcher	✗	✓	✗	✓	✓	✓	✓	✗	✗
Coiled Hand Grip	✓	✗	✓	✗	✗	✗	✓	✗	✗
Flextend Glove	✓	✓	✓	✓	✓	✓	✗	✓	✓

Handmaster Plus is the only cost-effective product that strengthens all hand muscles through full, natural ROM's using one continuous exercise

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